

SELF REFLECTION
WORKBOOK

@YOURASTROLOGYLANGUAGE

AM I LIVING TRUE TO MYSELF?

AM I HOLDING ON TO SOMETHING I NEED TO LET GO OF?

DOES IT REALLY MATTER WHAT OTHERS THINK ABOUT ME?

I CAN'T IMAGINE LIVING WITHOUT:

WHAT CAN YOU LEARN FROM YOUR BIGGEST MISTAKE?

WHAT WORRIES ME MOST ABOUT THE FUTURE?

WHAT DO I LOVE ABOUT LIFE?

WHAT DO I NEED TO CHANGE ABOUT MYSELF?

WHAT DO I WANT MOST IN LIFE?

THE WORDS I LIVE BY ARE . . .

I WILL SAY YES TO...

I WILL SAY NO TO...

WHAT I LOVE

A large, empty square box with a solid orange background, intended for the user to write their response to the prompt 'WHAT I LOVE'.

I'M GOOD AT

A large, empty square box with a solid orange background, intended for the user to write their response to the prompt 'I'M GOOD AT'.

I CAN BE PAID TO

A large, empty square box with a solid orange background, intended for the user to write their response to the prompt 'I CAN BE PAID TO'.

THE WORLD NEEDS

A large, empty square box with a solid orange background, intended for the user to write their response to the prompt 'THE WORLD NEEDS'.

IT'S NOT ABOUT YOUR
REFLECTION. IT'S
WHAT YOU SEE
BEYOND IT.

- HANNAH JESSICA

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